

Racing Heart Farm CSA Sampler Share 2019

Member Contact Information:

Name: _____
Address: _____
City, State: _____
ZIP: _____
Phone Number: _____
Email: _____
How did you hear about us _____

Our Contact Information:

Racing Heart Farm
E7982 1200th Ave
Colfax, WI 54730
715-658-0195
415-283-8264 (cell, doesn't work at the farm)
racingheartfarm@gmail.com

Becoming a Member

Community Supported Agriculture (CSA) is shorthand for the mutual relationship between farmers and farm members. By selling membership in advance of the growing season, CSA reduces the burden of up-front costs for the farmer. Your membership provides us with money to purchase seed and equipment before the season starts, and we appreciate your commitment!

Our CSA Sampler Share is four deliveries of fresh vegetables from our farm, once per month from July through October. We will notify you in advance which Wednesday will be the pick-up day. Members are responsible for showing up at pick-up site.

Share Size and Payment

Please send a check for \$130 along with this membership agreement, to the farm address listed above.

Sampler Shares are ½ bushel box per delivery, our Small Share size box.

Make checks payable to Racing Heart Farm.

Picking Up Shares

You are responsible for picking up your share drop site. **Select the drop site you would like to use from the list below.** All pickups are on Wednesday.

- Menomonie Market
- Eastside Food Co-op
- Seward Co-op
- Moe Bodyworks
- Lakewinds Co-op
- Mississippi Market

You are responsible for observing our drop site rules, which are as follows:

1. Return last week's box every week, it is important that we get these back each week so that we can reuse them.
2. Pick up your share before the close of business at your location. Although we deliver high-quality produce to the site, it will decline quickly if not picked up in time.
3. **Be sure to take only the box with your name on it-** if your box is missing, let us know ASAP (there are a few things we can do if this happens).
4. If you cannot pick-up your share, you must arrange for someone else to pick it up for you. You are responsible for explaining the pick-up location and procedures to your substitute.
5. Shares that are not retrieved within the pick-up time will be donated to the drop site host.
6. Be respectful of our drop site hosts' property.
7. Follow any additional rules or instructions posted at your drop site.

We take the safety of your food seriously. For your added protection, wash all produce before eating and refrigerate appropriate products soon as possible.

Our Growing Practices

Racing Heart is Certified Naturally Grown (CNG). CNG is similar to organic certification because it requires compliance the standards for organic certification. However, the inspection and record-keeping requirements are different. This is our guarantee that the produce you receive from us is grown without using conventional pesticides, fertilizers made with synthetic ingredients or sewage sludge, bioengineering, or ionizing radiation. Additionally, we do everything we can to reduce the amount of off-farm inputs that go into our field. We do this by manually removing or excluding bugs and weeds, and by growing cover crops to increase fertility.

What to Expect

The list below outlines some of the vegetables we plan to deliver and when you may see them in your share. This chart is based on our best estimate, but of course weather, pests, and other events will affect actual production.

June/July (early in the season)

Arugula	Cabbage	Kale	Spinach
Beet Greens	Chard	Kohlrabi	Salad Mix
Baby Beets	Green Beans	Lettuce Heads	Radish
Broccoli	Herbs	Peas	Turnip

August/September (height of summer)

Some of the above list and...

Beets	Eggplant	Melon	Summer Squash/
Carrots	Garlic	Peppers	Zucchini
Cucumber	Onion	Potatoes	Tomatoes

October (late season)

Some of the above list and...

Broccoli	Leeks	Kohlrabi	Rutabaga
Cabbage	Herbs	Turnip	Winter Squash

Sharing in the Risk of Crop Failure

We promise to do our best to provide you with a bountiful share. The quantity of produce however, may vary from week-to-week due to extreme weather, insects, or other production factors despite our best efforts. By joining our CSA, you are agreeing to share the risk of crop failure with us and other members. In the unlikely event of a crop failure, our procedure is as follows:

If only a small portion of crops fail, we compensate for the failed crops by filling your share with other crops grown on the farm that are ready for harvest at that time. We may cover for a crop loss by buying in from other local farmers with the same certifications as our farm. This may not be a feasible option for all crops because of cost or widespread failure.

Communicating with Us

The best way to communicate with us is via email (or phone on delivery days). Our contact info is listed on the front page. The best times to reach us are between 8am and 8pm. Please contact us with any news of the following: changes to your email address, changes to your drop-site location, any feedback about your drop site or week's share.

We will communicate with you by email. Please read your email from us. We depend on being able to communicate important information such as necessary changes to your distribution schedule. We will send an email reminder the day before each pick-up, giving you information about the crops in that week's box, recipe ideas, and other farm related news.

By signing below, I agree to purchase the membership share indicated above. I understand that, although unlikely, the farm may change parts of this agreement related to production and distribution from time to time. I understand that they will contact me via email in advance of any changes to this agreement.

Name (please print): _____

Date: _____ Signature: _____